

## Referral Process Flowchart

## Essential components of successful referrals:

1 Sci	reen and assess	Identify client health risks and determine your client needs
2 Ev	aluate	Know your scope of practice and evaluate whether you require guidance from a health professional to meet your client needs
<b>3</b> De	cide	Decide what expertise you require to develop and manage your client's exercise program
4 Pre	epare	Compile relevant, accurate and concise information for the referral
<b>5</b> Co	nsent	Involve your client in the process and gain informed consent to share their health information
6 Co	nnect	Plan ahead and ensure your referral actions are appropriate, professional and effective
Exc	ercise program	Delivered under health professional guidance
<b>7</b> Co	mmit	Commit to ongoing dialogue and feedback to achieve a positive health outcome for your client