

# Use the Professional Registration System to benefit your Business and the Industry



## Why support the registration system?

For the ongoing good reputation of the fitness industry and your business, it is important that together we support the Professional Registration System. As a business and employer, you have the ability and a responsibility to ensure that professionals who are employed or contracted are registered.



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Make professional registration a requirement of your recruitment and selection procedures when employing fitness professionals



Make professional registration a requirement of your contractual arrangements with fitness professionals



Ask your preferred education providers to promote registration to students and to help facilitate the process of registration for these students upon graduation from the fitness qualification courses



Check the online Australian Register of Exercise Professionals administered by Fitness Australia, to view the profiles of your professional workforce



Display the registration status of exercise professionals in your premises and/or on your website to help raise public awareness and confidence in your staff and the system



Call Fitness Australia on 1300 211 311, visit [www.fitness.org.au](http://www.fitness.org.au) or email [info@fitness.org.au](mailto:info@fitness.org.au) for further advice or information



## Q What is the Professional Registration System?

**A** The core role of the Exercise Professional Registration System is to protect the public. One way the registration system can do this is by making sure that only professionals who have the skills and qualifications to deliver safe and effective exercise services to the Australian community are registered to practice.

Registration is proof that the fitness industry workforce have the qualifications and competency to work as fitness instructors and personal trainers.

This provides assurance and confidence to clients, employers and health professionals that the workforce has the expertise to perform their jobs with due care and skill. It also means that they adhere to industry standards, commit to maintaining continuing education and abide by the Professional Code of Ethics.



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## Q Why is the Professional Registration System important?

**A** The Professional Registration System is important primarily because it enhances public confidence in the professional services that are delivered by the fitness industry workforce.

The system reflects best-practice in the exercise professional workforce, ensuring confidence in the profession from government, regulatory authorities, medical and allied health practitioners, private health providers and other bodies.

The registration system also ensures that fitness professionals have the qualifications, competency, knowledge and skill to practice and that they understand their scope of practice and commit to relevant continuing education, current industry standards and professional guidelines.

This reduces business risk in relation to client safety and helps to assure the delivery of fitness services with due care and skill.

All of this helps to protect and enhance the reputation of the fitness industry.

Without a strong registration system, there would be no governance of the profession at all. This would have a very detrimental effect on the reputation and credibility of the fitness industry.

## Q How does the Professional Registration System operate in Australia?

**A** The Professional Registration System was created by the fitness industry in the mid 1990's to enhance public confidence in the profession. The Australian Register of Exercise Professionals is administered by Fitness Australia, the national peak body for the fitness industry.

Once a professional has acquired a nationally recognised qualification, along with First Aid and CPR certifications, they are eligible to register for a period of two years. In order to be eligible to renew their registration, fitness professionals must demonstrate that they have undertaken a minimum level of relevant continuing education to maintain and enhance their skill and knowledge.

Registration provides professionals with the ability to profile their skill, knowledge and experience on the Australian Register of Exercise Professionals, thereby highlighting the professional services that are available to the public.

Fitness Australia is committed to continuous quality improvement of the Professional Registration System and significant enhancements have been introduced to the system over the past five years. In consultation with the fitness industry, many more enhancements are planned for the future.

The Professional Registration System is NOT a 'membership' for exercise professionals. It is an important industry self-regulatory mechanism to support the fitness industry and reinforce the importance of good governance, quality service delivery and industry standards of safety, professionalism and customer care.

Exercise Professionals have access to membership benefits and services via Fitness Australia's membership system, but this is separate to the Professional Registration System.

## Q How does the Professional Registration System link with the international fitness community?

**A** The Australian Register of Exercise Professionals, administered by Fitness Australia, is recognised internationally through the International Confederation of Registers for Exercise Professionals (ICREPs).

This recognition system enables the portability of employment for registered professionals in participating countries and enables overseas workers with recognised national registration to practice in Australia.

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