

AusREP ACCREDITATION

We want to lift the industry to a higher standard which is why we're introducing a service excellence program that involves offering AusREP Accreditation.

The AusREP Accreditation will set improved standards of service delivery, guaranteed by Fitness Australia. This opportunity will enable exercise professionals and our industry to be recognised like other allied health professionals.

AusREP Accreditation will increase credibility for our gyms, group exercise leaders/instructors and personal trainers, resulting in a more professional and credible industry.

What is AusREP Accreditation?

Australian Registered Exercise Professionals (AusREPs) include Personal Trainers, Group Exerciser Instructors/Leaders and Gym Instructors who meet standards required to be registered with Fitness Australia on the official Australian Register of Exercise Professionals.

AusREP Accreditation is a greater industry credential for AusREPs that successfully achieve requirements within the Accreditation framework.

Why have Fitness Australia introduced the Accreditation?

As the peak body for the fitness industry, Fitness Australia are committed to raising the bar and recognising best practice within the industry. As it stands, the fitness industry is one of the only remaining health related industries without any form of recognised accreditation for individuals. This will provide employers, clients and allied health professionals greater confidence with the accredited AusREP's skill level, experience and knowledge. AusREP accreditation will provide exercise professionals with recognition of their abilities and will highlight the plethora of talent and skill we have within our sector.

What's involved in the process?

To become accredited, an AusREP will be required to undertake a number of tasks including additional online learning, engaging with a mentor and performing a number of self-reflective tasks. There will also be a required minimum time in industry prior to application.

What are the pillars that are covered in becoming accredited?

Pillar 1 is Knowledge

Pillar 2 is Delivery

Pillar 3 is Experience

Pillar 4 is Validation

How much will the accreditation cost?

The AusREP Accreditation process will be free for all active AusREPs.

How will this be assessed?

Competency will be assessed through a 360° approach which will include online assessment of knowledge, self-reflection, feedback from both clients and mentors and a minimum level of industry experience.

How long will this process take?

The length of time to complete the Accreditation process will vary depending on an individual's time and availability. One of the key elements of the program will be a significant level of practical training/instructing experience including record keeping. This will be able to be completed retrospectively. There will also be a minimum time in industry (post-qualification) attached to the process.

How was the program developed?

The program was developed with the assistance of a group of industry experts and through rigorous consultation with the wider industry. The program was also shaped through a detailed analysis of other accreditation programs in similar fields, including many programs in the allied health sector both here in Australia and around the world.

What will be the benefits of achieving accreditation?

Achieving accreditation will provide AusREPs with a significant advantage. As the only recognised accreditation program in the industry, clients and employers will be provided with a unique level of confidence and security when engaging with Accredited Exercise Professionals. This level of confidence may also extend to allied health professionals for increased referrals and even insurance providers.

When will the Accreditation program be available?

The AusREP Accreditation program will be released over the coming months.

Who will be able to become accredited?

Accreditation will be initially designed for those who meet the requirements and are registered as a Personal Trainer, Gym Instructor and Group Fitness instructor/leader.

Will Sole-traders be able to become accredited?

Yes, as AusREP registration is included in the Sole-trader membership, Sole-traders will be able to become accredited AusREPs once they meet all of the requirements.

How will this be promoted to consumers and employers?

Accredited AusREPs will be able to use appropriate branding and they'll profiled on the Australian public register. As Fitness Australia continue to communicate with our business members/employers and grow our general community database AusREP accreditation will continually be highlighted.

Will my previous education and CECs count towards this accreditation?

Your verified skills and knowledge completed through CEC programs will assist in the Accreditation process as it demonstrates continuous improvement in your professional development.

Is this the same as the Quality Business Accreditation?

Fitness Australia launched its successful business accreditation model in 2018. It is similar with respect to assessing professional standards and quality service, however AusREP accreditation is purely tailored to the individual exercise professional.